

**SALBUTAMOL** (for Inhalation)  
(Aiomir<sup>®</sup>, Respolin<sup>®</sup>, Salamol<sup>®</sup>, Ventolin<sup>®</sup>)  
(also contained in Combivent<sup>®</sup> and Duolin<sup>®</sup>)

**What does it do?**

*Salbutamol* opens narrowed airways in the lungs relieving shortness of breath.

**How should you take it?**

*Salbutamol* should be inhaled as directed. The specific instructions for each inhaler device should be followed closely.

**What if you miss a dose?**

*Salbutamol* is usually used only as required. Should an occasional dose be missed it need not be inhaled later.

**Can you take other medicines?**

Some medicines, available without prescription, may alter the effectiveness/interact with *salbutamol* including:

pseudoephedrine (contained in cold and flu preparations – ask your pharmacist)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking including vitamins and herbal medicines.

**Side effects?**

Side effects with *salbutamol* that may be noticed include:

**Effect**

muscle cramps/tremors, weakness  
nervousness, headache, skin flushing  
dry mouth/throat  
stomach upset, altered taste  
fast or irregular heartbeat  
dizziness, sleep disturbances

**Recommended action**

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}  
} tell your doctor if troublesome  
}  
}  
}

Tell your doctor or pharmacist if you notice any other unusual effects that you think might be related to your medication.

**Other information:**

- Tell your doctor if you have heart, thyroid or blood pressure problems.
- Tell your doctor if you are pregnant or breast-feeding.
- Some patients may experience shortness of breath on taking aspirin, ibuprofen and other pain relieving medications. Please consult your doctor or pharmacist before taking these.