

EFORMOTEROL (for Inhalation)
(Foradil[®], Oxis[®], also contained in Symbicort[®])

What does it do?

Eformoterol is a long acting medication used to open narrowed airways in the lungs, thereby relieving shortness of breath.

How should you take it?

Eformoterol should be inhaled as directed. The specific instructions for each inhaler device should be followed closely.

What if you miss a dose?

Eformoterol is usually used regularly twice a day. If an occasional dose is missed, inhale it as soon as possible.

Can you take other medicines?

Tell your pharmacist or doctor about all other medicines or treatments that you may be taking including vitamins and herbal medicines.

Side effects?

Side effects with *eformoterol* are usually mild. Some that may be noticed include:

<u>Effect</u>	<u>Recommended action</u>
fine tremors (usually hands)	}
nervousness, headache, agitation	}
restlessness, sleep disturbance	} tell your doctor if troublesome
muscle cramps	}
increase or awareness of heart rate	}

Tell your doctor or pharmacist if you notice any other unusual effects that you think might be related to your medication.

Other information:

- Tell your doctor if you have heart or thyroid problems, high blood pressure, diabetes or have a hypersensitivity to lactose; or are pregnant or breast-feeding.
- Some patients may experience shortness of breath on taking aspirin, ibuprofen and other drugs of this class. Please consult your doctor or pharmacist before taking these.